

Water Safety Tips for Infants and Toddlers



Water is a great source of family fun, but it's important to practice water safety, especially when you have an infant or toddler at home.



Bath Time

Here are some helpful tips to make sure bath time is as safe as possible:

- Gather everything you need before running the water, such as soap, shampoo, a towel, pajamas, toys and a clean diaper.
- If you need to step away — even for just a second — take your child with you.
- Keep your focus on your child to prevent any type of accident.
- Use anti-slip mats or stickers inside the bathtub and no-slip rugs or mats on the floor to reduce the risk of slips and falls.
- Check that the water is not too hot or cold before and throughout the bath.

Keep toilet lids down and bathroom doors shut.



Outside Play

Water safety for toddlers and infants at home also applies to pools and other bodies of water in the backyard. This means hot tubs, water sensory tables and even buckets filled with rainwater.

- Make sure all exterior doors are locked and doggie doors are closed so your children can't wander unsupervised.
- A locked fence is the best protection around pools and hot tubs.
- Empty kiddie and inflatable pools when playtime is over.
- Put pool toys away so children aren't encouraged to get near or in the water to fetch them alone.
- Store pool chemicals in a secure place where children can't reach them.
- Keep hot tubs off-limits for children until they are at least 5 years old.

Drowning is silent and can happen in seconds.